



MEDICAL NOTE ON COVID-19

Dear guest,

the health and safety of our guests and crew, as well as our partners at the destinations is our highest priority. For effective protection against COVID-19 infections and due to legal requirements, we are responsible for treating risk groups separately for the time being.

Please read the following “Medical Note on COVID-19” carefully before booking a trip and in preparation of your trip. Please check whether the enumerated items mentioned apply to you.

If you discover that one or more of the exclusion criteria apply to you (also after booking the cruise), please contact our AIDA customer center immediately – by phone at + 49 (0) 381 / 20 27 07 22 or by email at info@aida.de

1 Exclusion from the cruise

Due to the high risk of a severe course of a COVID-19 infection, you can currently and until further notice not take part in the cruise if you are dependent on:

- Dialysis of any kind
- Breathing support with oxygen for medical reasons (except sleep apnea devices)

AIDA Cruises reserves the right to exclude guests from the cruise in case:

- you have been to a high-risk country within 14 days prior to the start of your trip (→ [list of current risk areas](#)) or a transit took place through one of these countries (category RED*) **
- you are in possession of a positive COVID-19 test result from the last 14 days prior to the start of your trip
- a temperature of over 37.5 ° C is measured during the contactless body temperature scan before check-in at the ship
- a currently applicable preventive self-isolation has been ordered
- there is an exemption from the obligation to wear a face mask
- the COVID-19 rules of conduct on board and during shore excursions (e.g. social distancing rules, face mask, hand hygiene) and test procedures (e.g. temperature scan) are not accepted by you



2 Medical advice recommended prior to travel

Due to the increased risk of a severe course of COVID-19 infection, we advise persons over the age of 65 as well as persons with certain pre-existing conditions not to participate in the cruise. In case you would still like to travel, we strongly recommend that you seek medical advice before traveling. This applies to the following pre-existing conditions:

- Chronic respiratory diseases (e.g. COPD, asthma, chronic bronchitis)
- Immunosuppression (e.g. in connection with organ transplantation, chemotherapy or in other cases where patients are taking medicine to suppress the immune system like cortisone)
- Cardiovascular diseases (e.g. high blood pressure)
- Diabetes
- Cancer diseases
- Chronic diseases of the liver (e.g. cirrhosis)
- Severe adiposity

3 Additional health examination on the day of arrival

AIDA Cruises reserves the right to arrange an additional medical examination prior to check-in in case:

- symptoms of COVID-19 are found upon arrival
- you have been in close contact with persons within 14 days prior to the start of the trip who have suspected symptoms or a confirmed positive COVID-19 infection or who have been ordered to self-isolate
- you have stayed in a risk country (category ORANGE*) or a risk region within the country of origin (category YELLOW*) according to the current overview (→ [list of current risk areas](#)) in the last 14 days prior to departure**

In case you have any questions about this “Medical Note”, please contact our AIDA Customer Center at any time – by phone on +49 (0) 381/20 27 07 22 or by email to info@aida.de

Always up to date: All important information on topics such as health, safety, COVID-19 testing and travel conditions can always be found up-to-date at → www.aida.de/covidinfo

* List of current risk areas → www.aida.de/laenderinfo

Category YELLOW = risk regions in the country of origin

Category ORANGE = risk countries

Category RED = high risk countries

** excluded are transfer and transit trips from the place of residence to the ship through the countries listed in the list, this includes e.g. the arrival by car, train, bus or plane